Klinikk for diagnostikk, Avdeling for medisinsk biokjemi og blodbank

## **Instruction for Calprotectin sampling**

## NB! Do NOT open the blue cap!

Read this instruction before the use of the CALEX® Cap sampling tube. Do not use the tube if expired. To obtain correct results, the sampling must be done according to the instructions.

The stool must not come in contact with toilet water or urine. Use of toilet paper, a clean box or container is recommended. The test is unsuitable if you have diarrhea..

Place or hold the tube with the WHITE cap upright. The liquid MUST NOT be spilled!

- Open the WHITE cap attached to the collection stick.
- 2. Insert and twist the collection stick in five different locations into the stool.
- Only the deep grooves should be covered. Do not insert the collection stick to deep and take care not to apply too much stool.
- Place the white collection stick back in the tube and press the cap down HARD until you hear two clicks. Use the included antibac to wipe the outside of the container clean.
- Mix the tube well. Keep the tube in the refrigerator. Note your name, social security number and time of sampling on the tube. Return the tube to your doctor's office or to the lab directly.

The sample can be stored a total of 15 days refrigerated or 7 days in room temperature.



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